Stuff A Truck

**Suggested Shopping list**

**Canned Vegetables;**

Tomato – Sauce, paste, whole and stewed

Corn

Peas

Green Beans

Red Kidney Beans

Pork N Beans

**Condiments**

Peanut Butter

Jelly; Strawberry/Grape

Mayonnaise

**Canned Fruits;**

Applesauce –

Pear

Pineapple

Fruit Cocktail

Peaches

**Canned Meats**

Chicken

Beef Hash

Canned Ham

Tuna

**Soups;**

Tomatoes

Chicken Noodle

Cream of Mushroom

Cream of Chicken

Vegetable Beef

**Pasta;**

Spaghetti

Egg Noodles: Medium, Wide

Elbow

**Cereal**

Oat Meal

Breakfast Cereal

**Personal Care**

Shampoo

Conditioner

Tooth Brushes

Tooth Paste

Laundry Detergent

**Cooking**

Spray

Oil